


‘Expanded Version’
Condensed time line History of Master Graham Healy

- 1971 Began Boxing training at age 16 years under tutelage of Master Boxer & Trainer Bert Healy (Senior) and further training under Bert Healy (Jnr)(Queensland State Champ & Golden Gloves Holder) Graham’s father & Grandfather.
- 1974 Further Boxing training under Boxing ledged Reg Kirkham Townsville & NFC Boxing Club
- 1976 12 months Olympic weightlifting and competed in Qld state Titles as a middleweight under tutelage of Olympian Neval Perry (Mexico games 1966)
- 1977-Joined Rhee Tae kwon Do under Master Chong Chul Rhee
- 1982-3 resigned in writing from Rhee Tae Kwon Do after achieving Black-Belt and becoming a Senior Instructor Personally met with Master Rhee to explain why I resigned and predicted some future events concerning the running of the Rhee club in Townsville North Qld (which turned out correct)
over 100 students and 9 Instructors followed Graham Healy and joined MYITF
- 1983-4 Joined Master Yun International Tae Kwon Do Federation and became under ITF banner in direct Line with General Choi .Master Yun was an ITF 8th degree and the ITF ‘official’ representative for the south pacific region
- 1983-4 Graham Healy established ITF Tae Kwon Do in Townsville under Master Yun and MYITF
- 1985- made front page News successfully defending an Armed Robber (Shotgun) in an attempted Robbery gaining ‘real life’ experience and becoming local hero. Refer attachment [‘click here’](#)
- 1984-88 four years of being retrained under ITF system and personally guided by Master Yun
- 1987-88 Master Yun resigns from ITF after 21 years of dedicated service and the Rank of fully certified 8th Dan signed an official ‘authorized’ by the founder ITF general Choi.
Master Yun was also the chairman of ITF technique and a standard setter withing the ITF system ‘arguably’ one of the ‘best Kickers’ ITF ever produced
refer: Master Yun’s profile <http://www.healyshealthandfitness.com/evolution.htm>
- 1989- Master Yun personally selected Graham Healy from 500 other black belts throughout the South-Pacific to be one of the Founding Instructors of Yun Jung Do
refer Reference letter personally signed by Master Yun

<http://www.healyshealthandfitness.com/index.htm> (click on  to view Graham’s certificates)
- 1989-Graham Healy moves to Brisbane to be trained ‘full time’ by Master Yun
(with 3 other selected Instructors) to be the Founding Instructors of Yun Jung Do
note: Graham Healy was trained as a full time professional Instructor by Grandmaster Yun
for 3 full months 12 hours per day 6 days per week actually living in the Masters Do jang.
special note: not only was Graham Healy a founding Instructor of Yun Jung Do he was a contributing share-holder contributing \$10,000 cash (along with the other 3 Instructors) to establish YJD . That means that a total sum of \$50,000aud was contributed by all of the Founding Instructors (Including GM Yun) to establish YJD . This means that technically we collectively were shareholders of YJD , although as time went on this factor’ was quickly forgotten ,nevertheless for the record I state this financial fact. In stating the valid claim as Founding Instructors of YJD both

physically and financially. We made the personal sacrifices physically and financially 'first hand'
refer link: <http://www.healyshealthandfitness.com/sdef.htm> for full history
(click on button above Express Black-Belt Advertisement)

1990-Graham Healy returned to Townsville to promote YJD as 2nd Dan former ITF now YJD

1990-Graham Healy purchased largest Commercial Health-centre in Townsville

"Healy's family fitness centre" and was full time professional martial arts Instructor and Health Club owner ;

Note: Graham Healy was the only YJD professional Instructor that owned a large commercial Health & Fitness facility of this magnitude with the exception of Master Yun's headquarters in Brisbane most other Instructors if not all others had part-time jobs and martial arts was a 'part-time' venture/hobby

1990-Grandmaster Yun 9th Dan writes and signs personal reference for Graham Healy as a personal endorsement Note: Graham Healy has three personal references written by TKD Masters it is worthy of note that personal references from World Class Masters is rare and unique .

I personally do not know of any other Martial arts Instructors with personal references with the exception of Master Paul McPhail 7th dan ITF who has personal congratulations from the founder of ITF General Choi for his unending contributions to ITF spanning some 40 years .

Graham Healy has personal references from Grandmaster Yun 9th Dan, Master Peter Wong 7th Dan ITF and Master Paul Mcphail 7th Dan ITF in recognition of unending enthusiasm over the last 30years which is more then demonstrated in this historical time line.refer:

<http://www.healyshealthandfitness.com/index.htm> (click on  to view Graham's certificates)

1990-3 Promoted Yun Jung Do . Note: Graham Healy was featured in television adds and Interviews for YJD , newspaper adds etc , and promoted several tours of Grandmaster Yun to Townsville including seminars at the Townsville casino, National Fitness Centre, Demonstrations and many other events .

1993 –Graham Healy and fellow Instructor Sonny Ryan accompanied Grandmaster Yun to Papua New Guinea's military base to Introduce Yun Jung Do to PNG

Note : Grandmaster Yun promotes Graham Healy and Sonny Ryan to International Instructors
refer Photo Gallery <http://www.healyshealthandfitness.com/index.htm>

1993-95- many changes in YJD by GM Yun and Graham Healy became a bit disillusioned with this process and could see another direction materializing.

1995-Graham Healy resigns from YJD and predicts the future direction of professional Martial Arts Instructors becoming 'multi-skilled' and becoming Fitness Leader qualified and matching their Martial arts training with fitness industry training .

note: Graham Healy sends resignation letter copies to all Senior YJD Instructors with above future forecasts and it is worthy to note that gradually all founding and Senior Instructors resigned from YJD in due time accordingly.

-Copy of Graham Healy's resignation letter is held on file for reference-

refer: PDF copy '[click here](#)' (copies of my resignation letter to GM Yun, memo to all YJD International & Chief Instructors all later resigned from YJD plus copy of memo to Healy's Students explaining the new chain of command procedureds)

1995-1999 Graham Healy works on the syllabus of Healy's freestyle Tae Kwon Do & boxing Academy

1995- Graham Healy qualifies as cert 4 Personal Trainer and Professional Gym Instructor
Nationally recognized Qualification

1999-2000 Graham Healy discusses concepts for ISDA International Self-Defence Association

2000-2005 **Graham Healy spearheads and organizes annual ISDA** seminars , national Marketing campaigns in Australasian Tae Kwon Do magazines and recruits senior Instructors to ISDA .
Note: Graham Healy writes several articles in Australasian Tae Kwon Do magazine over that period of time including 2003 “a Personal Journey” and 2005 ‘Evolution of Healy’s freestyle Tae kwon Do & Boxing Academy’ 2007 ‘Safety First’ editorials in the Fitlink magazine and Australasian Tae Kwon Do , 2007 Blitz magazine Interview with Moni Isaac many other articles the list goes on .
refer ISDA media page <http://www.isdaselfdefence.com/media.htm>
Graham Healy also expanded the concept and Vision of ISDA .

-some events broken down below over 2000 to 2005-

2003-18th Oct, ISDA seminar conducted with Graham Healy and Master Peter Wong ITF
refer: <http://www.healyshealthandfitness.com/sdefgallery.htm> (photo Gallery)

2004-Personal reference written for Graham Healy by Master Peter Wong 7th Dan ITF Peter was promoted by Grand Master Rhee Ki Ha 9th Dan refer:

<http://www.healyshealthandfitness.com/index.htm> (click on  to view Graham’s certificates)

2004 Nov, **Graham Healy tours New Zealand** and meets up with former YJD ‘power house’ Latu Leauga and discusses ISDA progress and reflects on YJD history and also contacts Master Paul McPhail 7th Dan ITF to catch up on ‘old times’ .
Graham Healy trains personally with Latu and students and conducts a seminar in association with Latu in Auckland –this leads to consolidating Latu’s relationship with ISDA for future events

2003-4-Graham Healy recognized by ISDA committee as 4th Dan International Instructor
Note: this recognition was long overdue , as by this stage Graham Healy had resigned from the tradition systems after over 30years in Self-defence , and over 18 years in TKD/YJD regarding ISDA recognition Graham Healy founded the RPL system in ISDA for the purpose of independent Martial Arts Instructors seeking RPL .
Graham’s application to ISDA committee was for 5th Dan since he was already an International Instructor for YJD in 1993 some 11 years prior (normally minimum 4th degree in ITF standards). Master Peter Wong 7th Dan ITF under Grandmaster Rhee Ki Ha was prepared to sign off on 5th Dan credentials based on Graham Healy’s well documented history and time line.
However, Graham left the ISDA decision in place although he felt it was grossly undervalued since he was the Visionary that put together and recruited the ISDA group in the first place and opened the limited mental vision that some of the ‘old school’ had about themselves and their existing status in the first place -and quote “ **without Graham Healy none of us would be here today**” was the opening speech comments that rings in my mind at the ISDA 2005 graduation dinner, however its almost characteristic in Martial Arts how the hard work and efforts of the founders of various systems, associations and organizations are quickly forgotten about in ‘small mindedness’ and ‘bureaucratic’ grab for ‘power’ . At this stage Graham Healy had spent much time money and effort to establish the ‘first generation’ ISDA group only to be sadly disappointed over the next 12 months .

2005- Graham Healy has problems with ‘old school’ ISDA committee members over sponsorships funds . Spokesman for the ‘old school’ committees resigns first and then **illegally distributes ISDA funds** Its is worth noting that resignations were signed off and resignation letter dated 1st Feb 2006, thereafter monies held in the ISDA account were illegally taken and dispersed on the 6th Feb 2006.
Note: Graham Healy being the sole contributor in the ‘sponsorship’ issue where through Graham’s business connections funds are placed into Graham business account to distribute at his total discretion .Written legal letters from the founder of the sponsorship company are obtained to verify

Graham Healy's legal position conclusively. This is completely ignored by the committee and **illegal transfer of funds were processed irrespective**. Graham declined legal action over this issue believing in the principle that people reap what they sow good or bad.

refer: Historical comments by Graham Healy <http://www.isdasefdefence.com/about.htm>

2005/6 –**Graham Healy moves on and reforms the ISDA** with a new management Team and Company structure and continues to expand the VISION of ISDA .
Brokerage agreements signed for facilitation of cert (4)Sports Coaching and cert (4)Fitness Leader Qualifications. New ISDA web site built www.isdasefdefence.com

2006-May, Graham Healy stands before a collective board of 20 voters who vote based on historical documented records and verified historical facts of Graham's 30 years of Experience in Self-defence from Boxing to TKD/YJD and the significant Leadership roles that he acted in without due recognition apart from his relentless dedication over 30 years to developing and evolve in founding his own style of Self-defence & martial art **Healy's freestyle Tae Kwon Do & Boxing Academy** . Based on ITF time line standards for Dan recognition verses age and verifiable historical experience and current nationally recognized qualifications , the Board of Voters unanimously returned a 100% vote to recognize Graham Healy as 7th Dan master of his own martial Art . The board consisted of high ranking Martial artists , Master Boxers, Lawyers, Businessmen, Black-Belts, which represented a huge cross-section of the community well beyond normal requirements all returned a positive vote .

Note : Graham Healy as an Independent Self-defence Instructor who has created his own system as has done the 'historical time' crossing over many boundaries in the 'true spirit' of Bruce Lee in his personal evolution. Refer www.healyshealthandfitness.com www.isdasefdefence.com

2006-July29th , Graham Healy and Bert Healy become members of the Australian national Boxing Hall of Fame. Graham and Bert become close associates of secretary Frank Maher and collaborate on various ANBHOF projects currently..

Graham and Bert Healy meet world Boxing Champ Kostya Tszyu and many other great champs refer <http://www.isdasefdefence.com/anbhof.htm>

2006-Aug, Graham Healy achieves certificate (4) in Sports Coaching another Nationally recognized teaching qualification

2007-Nov, Graham Healy promotes the arrival of Commando Krav-Maga founder Moni Issac (Aizik) 8th Dan Judo/Jujitsu , 7 times Israel's national champion and war hero of the middle east 1973 Yom Kippur War as an elite Commando.

refer Moni's profile and history <http://www.realfighting.com/issue7/moni.html>

2007-Nov17th Graham Healy promoted to National Commando Krav-Maga director for Australian and New Zealand and promoted personally by Moni Isaac to level 2 CKM 'Licenced' Instructor after a gruelling 4 day 'bootcamp' spearheaded by Moni Isaac refer www.commandokravmaga.com
note : Graham Healy once again had to overcome many negative obstacles to fund and bring Moni Isaac (Aizik) to Australia and it is worth to note that Moni Isaac was in his own words 'very impressed ' with Graham's organizational abilities under extreme pressure also Moni has personally invited Graham Healy back to Canada in may 2008 to test for level 3 CKM (Graham's objective is to reach level 5 CKM)

After much hard work to create an International platform for ISDA Graham Healy continues to build the Vision now with associations with Global self-defence expert Moni Isaac (Aizik) more connections and mutually achievable goals are starting to materialize to consolidate the Future of ISDAthe VISION continues

2008-and beyond ? The lessons that Graham Healy has learned over the years is that many people ‘talk a good talk’ but when it comes to ‘walking the walk’ or ‘taking up the challenge many fall very short of the mark with RESULTS and little bit of ‘power’ is a dangerous thing to a ‘small mind’ and ‘perception’ is everything how you ‘see’ yourself & others. The other thing that I have noticed is that ‘leaders’ gravitate towards other ‘leaders’ and in forming strategic alliances in the future ISDA will do so with persons of VISION and INTEGRITY but, will be forever vigilant at the dangers of committee mentalities who on their own would never go anywhere. It’s a bit like the Director of a company being told what to do by the shareholders , or the house of commons overruling the senate or the Captain of the Ship being over-ruled by the crew . (mutiny) or the private in the Army trying to over-rule the General (treason)

The Leader must have the VISION and the motivation to push forward no matter what obstacle presents itself Leaders lead and followers follow.
 ISDA will be a Global organization interconnecting self-defence exponents from all over the world in a bond of friendship and in a global brotherhood based on Integrity and respect.

Regarding Graham Healy personally ? upon over viewing this historical account any ‘lesser person’ would have folded ‘under pressure’but isn’t that what true martial artists are suppose to be all about ? **Courtesy , Integrity, Perseverance, Self-Control and Indomitable Spirit** ? unfortunately, indomitable spirit has to be tested through the ‘test of FIRE’ and...

“Pure Gold does not Fear the test of Fire!”

-this is the birth place of the ISDA and our motto below the ISDA Chinese symbol ‘warr’ meaning Peace and harmony and ‘togetherness’
 to be continued as the Future unfolds

- Courtesy (*Ye Ui*)
- Integrity (*Yom Chi*)
- Perseverance (*In Nae*)
- Self-Control (*Guk Gi*)
- Indomitable Spirit
(*Baekjul Boolgool*)

Source: Encyclopedia of Tae Kwon Do by General Choi Hong Hi

